

LOGISTICS

Exclusive Health & Wellness experience with Tony Nicholson

September 14th – September 21st, Split - Split

Dates: September 14th (Saturday) – September 21st (Saturday)
Embarkation in Split: 14TH September from 15:00h to 17:00h
Event Start Time: 14th September from 17:00h
Event End Time in Split: 21st September at 09:00h

Event Meeting Point: SPLIT PORT area - Obala Lazareta, 21000, Split
Coordinates: 43.50408, 16.44228



PARTICIPANTS ARE REQUESTED TO BOOK THEIR FLIGHTS TO ARRIVE TO SPLIT ON SATURDAY, 14TH SEPTEMBER BY 14:00H.

*Please have in mind to come to the airport at least 2.5 hours prior departure to take care of any documentation related to your travel.

The event will officially start with a group gathering at 5 pm on the 14th of September on our private yacht OHANA and will finish at 9 am on the 21ST of September.

Accommodation is provided from the night of the 14th of September to the night of the 20th of September inclusive. Morning of 21st September is reserved for breakfast and transfers to the airport or transfer to accommodation in Split.

RECOMMENDED ARRIVAL AIRPORT – SPLIT AIRPORT (SPU).

RECOMMENDED DEPARTURE AIRPORT – SPLIT AIRPORT (SPU).

FLY IN: 14th September, Saturday, SPLIT International (SPU) by 14:00h local time (CEST)

FLY OUT: 21st September, Saturday, SPLIT International (SPU) already from early morning

TRANSPORTATION OPTIONS TO THE PORT OF SPLIT FROM SPLIT AIRPORT

Airport pick up:

Please submit your flight details on this Google form [LINK](#) and we will arrange transport from the airport on the 14TH of September and on 21ST September.

Duration:

7 nights (8 days) with 7x semi self-catered breakfasts, 6x lunches and 7x dinners.

Starting with dinner on 14th of September and finishing with breakfast on 21st of September.

Weather:

In South Adriatic: Split – Dubrovnik region and the islands

Temperature Day Time: 24 -26°C

Temperature Night Time: 20 -22°C

Other:

Please let us have details of the following via [LINK TO GOOGLE FORM:](#)

- Details of any health supplements you take and/or are bringing with you
- Any food allergies or dietary requirements?
- Is there any physical activity you are not allowed to perform?

VACCINE REQUIREMENTS:

This is optional but in the interests of disclosure of full information we are to inform you that the CDC and WHO do recommend the following [vaccines](#) for Croatia: [hepatitis A](#), [hepatitis B](#), [rabies](#), and [influenza](#).

For more information about Croatia, please visit:

<https://croatia.hr/en-gb>

PASSPORT AND VISAS:

Please take note that when it comes to passports and visas, we can only give guidance. It is the responsibility of each trip member to check and confirm the exact requirements for your travels.

General Visa Requirements for Croatia

Even prior to EU entry, foreign visitors did not normally require visas to enter Croatia. Citizens of the U.K., EU countries, the U.S., Canada, Australia and New Zealand did not (and do not) need visas to visit Croatia. Visitors can visit Croatia for up to 90 days in any 180-day period.

For other countries, please check the [Croatian Ministry of Foreign Affairs'](#) website for visa requirements for Croatia. If you do need a visa, please contact the Croatian Embassy in your country for more information.

AS AN ADDITIONAL GUIDELINE, HERE ARE SOME STEPS TO FOLLOW:

Step 1 Check that your current passport is valid.

Step 2 Make sure that your passport has a blank visa page.

Step 3 Confirm whether you need a transit visa for flight connections.

Step 4 Always travel with copies of your boarding tickets, passport and relevant visas.

WHAT TO BRING WITH YOU?

- Passport and ID
- Casual comfortable clothing for summer
- Comfortable walking shoes
- Swimsuits
- Hat
- Water bottle
- A wind jacket / jersey / shawl or similar for evening in case whether is cool
- Natural Sunscreen
- Natural Mosquito repellent
- Camera
- Laptop, notebook, pens
- Medication (in case of personal needs)
- Health Supplements
- Spending money for one individual dinner, personal expenditure / shopping

OFFICIAL CURRENCY

- From 1st of January 2023 EURO (€) is official currency in Croatia
- Most places accept credit cards payments
- ATMs are located in all urban areas